



Brondesbury Sports Club

Brondesbury Sports Club Changing Rooms Usage Policy

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Version: 1.0

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Next Review Date: December 2026

Brondesbury Sports Club strives to ensure that all children are safeguarded from abuse and are able to enjoy a positive and inclusive sporting experience. This policy sets out the acceptable use of changing rooms at the Club and applies to all members, staff, volunteers, parents, carers and visitors.

Changing Rooms Rules and Arrangements

Groups of children will have sole use of changing rooms wherever possible to reduce risks associated with mixing adults and children.

Where adults and children both need to use changing rooms, they will do so at different times. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children.

Mixed-gender groups of children will have access to separate changing rooms, or will use the same facilities at different times.

If a child or adult self-identifies as a gender different from the sex assigned at birth, the Club will work with the individual and their parents or carers (where applicable) to make reasonable adjustments to changing arrangements.

Mobile phones and other electronic devices must not be used in changing rooms.

For younger groups of children, a DBS-checked member of staff or volunteer will be positioned outside the changing rooms to provide assistance if required.

Where no changing facilities are available, children, parents and visiting teams will be informed in advance and advised to make alternative arrangements, including bringing suitable additional clothing.

Further guidance on supporting transgender and gender-diverse young people in sport is available from the CPSU:

<https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>

Compliance

This policy must be followed by everyone using the Club's facilities. Failure to comply with this policy may result in disciplinary action or exclusion from the Club and may be addressed under the Club's Safeguarding, Complaints or Disciplinary procedures.